



Julie Gardener

Case Manager, Suffolk

Clinical Specialities

- Acquired & Traumatic Brain Injury
- Palliative & End of Life Care
- Stroke
- Supporting Social & Emotional Adjustment
- Working with Complex Family Dynamics
- Elderly Care
- Neurological Conditions
- Learning Disabilities
- Local Authority & Care Packages
- Mental Health
- Dementia
- Deprivation of Liberty Safeguards

Qualifications

MA in Advanced Social Work,
University of East Anglia, 2015.

BA (Hons) Social Work, University
Campus Suffolk, 2011

Professional Memberships

Social Work England
CMSUK
BABICM
British Association of Social Work
Current DBS

Julie is an experienced Social Worker and Case Manager who has worked in the statutory, charitable, and private sector for over 13 years. She began her career working in a community-based team for a Local Authority, working with adults who had multiple physical and/or learning disabilities, dementia, sensory loss, and mental health needs. Her role was to assess and organise appropriate support to assist individuals and their families.

Julie has also worked in a multi-disciplinary team whilst working for a charitable organisation which provided neuro rehabilitation to clients who had experienced acquired and traumatic brain injuries. Julie was the Safeguarding and Mental Capacity Lead in this service. Julie has supervisory experience, mentoring and providing line management to student Social Workers, Community Care Practitioners, Social Workers, and Occupational Therapists. Julie has also provided line management support and regular supervision sessions to support workers employed by clients. As part of Julie's Masters degree, she completed the Best Interests Assessor Award which enables her to assess individuals under the Deprivation of Liberty Safeguards.

Case Management Competencies

- Provides a holistic client centred approach to all assessments and treatment, considering person, cognition, social, environmental and the physical impact of injury to ensure appropriate clinical reasoning recommendations are identified.
- Utilises evidence-based practice to assist best practice in working with clients and their families.
- Strong advocate for client and family needs, ensuring they are aware of their rights and empowered to act upon these.
- Able to quickly establish a rapport with the client and their family to support collaborative working.
- Knowledge of Local Authority procedures such as Care Act assessments, eligibility, personal budgets, and funding allocation.
- Effective at developing support plans which are cost effective and make use of statutory and privately commissioned support.

Case Examples

- 28 year old with moderate brain injury and pre injury mild learning disability, post settlement case. Supported with accessing statutory support for client, children's services including relinquishment of child for adoption and safeguarding concerns for client (victim) resolved. Client has now gained his first job within the NHS, moved home and looking forward positively to the next chapter of his life.
- 84 year old male involved in a road traffic accident; pedestrian struck by a vehicle. Multiple injuries sustained including punctured lung, broken pelvis, bleed on the brain. Extensive hospital stay and residential rehabilitation placement. Discharged back to home with live in carer. Client has engaged in extensive rehabilitation package and has regained ability to mobilise with the use of aids.

Work Experience

February 2023 - Present
Unite Professionals Limited
Associate Case Manager

January 2022 - February 2023
Anglia Case Management
Case Manager

July 2019 - December 2021
Icanho, Livability (Brain injury rehabilitation)
Specialist Social Worker

July 2016 - July 2019
Suffolk County Council
Senior Practitioner Professional

April 2015 - June 2016
Suffolk County Council
Senior Social Worker

August 2011 - April 2015
Suffolk County Council
Social Worker

Continued Professional Development

- Best Interest Assessor (BIA) Legal Update - Annual Refresher, 2023.
- Rehabilitation in Multi Track Claims – An Insurer Perspective, 2023.
- Unite Professionals annual conference, 2023 and 2024.
- BABICM Beyond the Beginnings Workshop, 2022.
- BABICM Support packages: The Devil is in the Detail, 2022.
- The Care Act Legal session, 2022.
- Safeguarding Level 3, 2022.
- SCIE Liberty Protection Safeguards, 2021.
- Family Matters: Understanding & addressing family needs after acquired brain injury, 2019.
- Welfare Rights, 2019.
- Solution Focused Training, 2018.
- Mental Capacity Act and Deprivation of Liberty Safeguards (Best Interests Assessor award), 2016.

About Unite Professionals Case Management

Unite Professionals are a renowned, independent Case Management firm, committed to assisting individuals who have endured catastrophic and life altering injuries. Our approach is both comprehensive and empathetic, underpinned by our professional expertise and steadfast belief in the strength of those we support.

Enquiries and Referrals

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