



Christine Rumley

Case Manager, East Yorkshire

Christine is a highly experienced Occupational Therapist with over thirty years' practice across both inpatient and community-based settings. Her diverse career includes roles within the NHS, Local Authority, charitable organisations, and the private sector. Since 2014, Christine has worked in private practice, offering part-time and full-time services depending on clinical need.

Clinical Specialities

- MSK and Complex Trauma
- Spinal Cord Injury
- Upper Limb Trauma
- Lower limb trauma
- Amputee

Christine's caseload spans a broad spectrum, working with children and adults with physical disabilities, mental health needs, and individuals requiring end-of-life care at home. Her expertise includes, but is not limited to, managing complex conditions such as catastrophic injuries, arthritis, post-surgical rehabilitation, respiratory and lung disorders, and a range of orthopaedic and neurological presentations.

She thrives on conducting in-depth assessments and embraces the challenge of working in novel clinical environments, continuously adapting her practice to meet evolving therapeutic demands. Christine is recognised for her strong communication skills and consistently fosters therapeutic relationships with clients, families, and carers. Her warm, approachable demeanor helps clients feel at ease, facilitating engagement and collaborative goal setting.

Christine maintains effective working relationships with a wide range of professionals, including therapists, nurses, doctors, social workers, legal representatives, and charity organisations. Her practice also involves close collaboration with building surveyors, architects, specialist equipment providers, and contractors to ensure holistic, environmentally responsive interventions that align with individual needs.

Qualifications

Dip COT Occupational Therapy,
University of Ripon & York St John.

Case Management Competencies

- Client centred and solution focussed approach considering physical, cognitive, psycho-social and environmental needs following injury.
- Ensures recommendations are evidence based and clinically reasoned.
- Identifies and mitigates risk to ensure clients are well supported to progress with their rehabilitation goals.
- Knowledge and experience of best practice in report writing for diverse audiences to ensure records are suitable for use in a variety of situations.
- Promotes collaborative working across interdisciplinary networks.
- Identifies innovative and creative ways to optimise independence, maximise recovery and achieve positive outcomes.
- Broad knowledge of local services, care providers, rehabilitation providers and other agencies that are available to support clients.

Professional Memberships

HCPC
RCOT
NBE
Current DBS

Case Examples

- 45yr old gentleman with lower limb amputation and reduced mobility in upper limbs. Needed extensive housing adaptations for wheelchair accessibility and independence. Tailored program to return to leisure activities, social contact and accessing community facilities. Support for meal preparation in adapted kitchen and sourcing medication dispenser to enable independence.
- 50yr old female with spinal injury, involved close liaison with architects regarding adaptations to promote access to facilities in her home. Introduction to the prospect of wheelchair Accessible Vehicle (WAV) to support employment opportunities. Liaison with therapists to develop a tailored educational program to enable independent transfers within the home.

Work Experience

2025 - Present

Unite Professionals Limited

Case Manager

2014 - 2025

Private Practice

Independent Occupational Therapist

2008 - 2014

East Riding of Yorkshire Council

Children's Community Occupational Therapist

2002 - 2008

Humber Mental Health Teaching NHS Trust

Band 6 Occupational Therapist

2000 - 2002

East Riding of Yorkshire Council

Community Occupational Therapist

1992 - 2000

NHS

Inpatient and Community Occupational Therapist

Continued Professional Development

- Occupational Therapist Adaptations Conference (OTAC) 2025
- National Back Exchange Conference 2024
- Moving & Handling People course (Complex Cases) 2025
- Optimizing Care training 2024
- Specialist Bed training 2024
- Bariatric Seating training 2024

About Unite Professionals Case Management

Unite Professionals are a renowned, independent Case Management firm, committed to assisting individuals who have endured catastrophic and life altering injuries. Our approach is both comprehensive and empathetic, underpinned by our professional expertise and steadfast belief in the strength of those we support.

Enquiries and Referrals

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