



Venu Durairaj

Case Manager, Derbyshire

Clinical Specialities

- Traumatic Brain Injury
- Amputation
- Hypoxic Brain Injury
- Spinal Cord Injury
- Trauma & Orthopaedics
- Wheelchair needs
- Postural assessment
- General Medicine & Surgery
- Intermediate & Community care
- Rehabilitation
- Assistive Technology
- Gait & Mobility assessment

Venu has worked in the NHS since 2009 across various specialities. He also has worked in India in his initial years as a physiotherapist, and set up a Neuro Rehabilitation Centre in Chennai after having specialist training in the use of electromyography (EMG) biofeedback from University of Miami, USA. Venu has completed his Masters in Neuro Musculoskeletal Healthcare at Keele University in 2010. His modules involved Dynamic Ultrasound for diagnosis, assistive technology for neuro musculoskeletal conditions along with evidence-based practice and research. He works closely with a research team and has published in scientific journals that are included in the Cochrane Library on topics related to use of assistive technology after stroke.

Through his MSc course and clinical work, Venu has skills in movement and gait analysis as well as footdrop conditions and the use of electrical stimulation equipment, which supports his understanding of orthotic, prosthetic and movement needs of clients.

Venu has been working with CM's since 2020 providing specialist physiotherapy services. Since 2023 becoming a case manager himself, Venu translates his clinical skills as a physiotherapist managing complex clients and utilises these to formulate case management rehabilitation plans to align with a client's goals and optimise their rehabilitation outcomes.

Qualifications

Bachelor of Physiotherapy,
Annamalai University, India, 1997

MSc Neuro Musculoskeletal
Healthcare, Keele University, UK,
2010

Professional Memberships

Chartered Society of Physiotherapy
BABICM
CMSUK
HCPC
Current DBS

Case Management Competencies

- Use of mixed methods via observation, interviewing and discussion to understand clients' and caregivers' needs.
- Use of evidence-based practice to prioritise clients' needs.
- Empathetic approach to the client's and carer's cognitive, physical, emotional, social, and environmental needs.
- Person-centred care – decision-making with the client in the centre, ability to present information to the client and to MDT that is meaningful with help of appropriate analogies and examples.
- Planning and prioritising needs and use of appropriate technology to capture timescales for recovery / review and communication to funders and stake holders.
- Detailed and clear reports with appropriate use of outcome measures. Reports include meaningful diagrams and pictures to help clear communication.

Case Examples

Venu supported a 50-year-old female client following a motor vehicle accident that caused complex cervical and lumbar spine fractures, requiring surgery with plates and screws. The client, a photographer and university employee, aimed to return to work and cycling using an E-Bike. Venu developed a rehabilitation plan to support these goals, including gym-based exercises and pain management strategies. Referrals were made to neurologists, urologists, chronic pain specialists, and orthopaedic consultants.

Venu conducted an in-reach assessment for a 60-year-old male client who suffered a stroke and multiple fractures after a road traffic collision. She coordinated with services, raised a safeguarding concern, and identified needs for private rehabilitation. Venu recommended assistive technology to support communication and engagement. The client has since returned to driving, clay pigeon shooting, and piloting a small aircraft. He now uses a high-tech self-propelling wheelchair from New Zealand.

Work Experience

Current

Unite Professionals Limited

Case Manager

Current

Beacon Neuro Physio Ltd

Specialist Neuro Physiotherapist (across Midlands)

Current

NT Rehab

Associate Specialist Neuro Physiotherapist (across West Midlands)

2019 - 2022

Across East, West Midlands and South Wales

Locum Specialist Physiotherapist

April 2019 - 2020

Holy Cross Hospital, Surrey

Freelance Specialist Physiotherapist

Continued Professional Development

- Research Priorities Setting study day - CMSUK - 2024
- Robotics Technology, Online training Neuro Therapy Therapies, 2023.
- Neuromuscular Disease, Southeast and Northwest ACPIN, 2023.
- 24-hour Posture Management, Oxford University, 2022.
- Vestibular rehabilitation, Association for Chartered Physiotherapists in Neurology (ACPIN), 2022.
- 24-hour Posture Management, Oxford University - 2021
- Eccentric activating and control during walking, ACPIN and Danish Association of Neuro Physiotherapy.
- Hydrotherapy Foundation Level, Aquatic therapy association of Chartered Physiotherapists, 2019.
- 6th Annual Queen Square Upper-Limb Neurorehabilitation Course, University College London Hospital, 2018.

About Unite Professionals Case Management

Unite Professionals are a renowned, independent Case Management firm, committed to assisting individuals who have endured catastrophic and life altering injuries. Our approach is both comprehensive and empathetic, underpinned by our professional expertise and steadfast belief in the strength of those we support.

Enquiries and Referrals

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