



Matt Mclean

Senior Clinical Lead & Case Manager, Leeds

Clinical Specialities

- Management of Brain and Birth Injuries
- Leading Safeguarding Initiatives
- Navigating Challenging Dynamics
- Handling Cases of Cerebral Palsy
- Orthopaedics
- Addressing Sensory Impairments
- Vocational Rehabilitation
- Transition Management
- Care Package Creation
- Multidisciplinary Team (MDT) Management

Qualifications

BSc Evidence Based Nursing (Learning Disability), First Class Honours Award plus Student Nurse of the Year (Learning Disabilities), 2012

2012 - Student Nurse of the Year (Learning Disability)

Professional Memberships

NMC
CMSUK
BABICM

Since 2015, Matt has been working within the field of Case Management, specialising in handling complex cases involving acquired injuries across the lifespan and birth-related injuries. His expertise has grown significantly through the years, allowing him to provide competent and compassionate advocacy. Matt takes a particular interest in CPD and safeguarding, dedicating time to planning and conducting training sessions, managing and reporting safeguarding issues, and providing clinical supervision to colleagues handling cases with safeguarding concerns

Case Management Competencies

- Establishing strong relationships with clients, families and multiple stakeholders, ensuring open communication streams, updates on progress and identifying barriers.
- Working within highly charged environments and building trust / showing empathy, to allow for rehabilitation, despite there being entrenched aversion to services.
- Personalised-approaches with each client, tailoring my skill-set to each, to consider the best outcomes and realistic timeframes for rehabilitation or longer-term goals.
- Challenging services where there are unmet needs.
- Having a proactive approach to safeguarding, working in a preventative and proportionate way, relative to each client's situation and understanding.
- Providing clinical rationales to explain prioritisation of goals, that enable cases to progress sequentially.
- Leadership across MDT / multi-agency cases, often where there are complex dynamics, making sure different agencies are working collaboratively.
- Management of direct and agency care teams, ensuring that the client is getting the greatest benefit from the intervention.
- Monitoring and working within budgets to offer maximum output with available resources and explaining rationales for further funding requests, with short and long-term explanations.
- Mentoring and supervision to less experienced case managers, or those experiencing new issues on cases, to problem solve and progress cases, and safeguard our clients.

Case Examples

Matt is a steadfast figure in case management, his holistic perspective paired with a professional and well-informed approach creates a sense of assurance. Personal experiences have given Matt a unique understanding of how an individual's injuries can alter family dynamics, leading him to retrain and strive to improve the system. A survivor of a brain injury himself, Matt's personal journey has equipped him with a profound empathy and a first-hand understanding of long-term effects. Matt's clinical competence is matched by his empathetic demeanour, ensuring each client is acknowledged and appreciated. His dedication to fostering robust, trust-based relationships with clients and their families is indicative of his passion for enhancing the lives of those he works with. Beyond his professional commitments,

Work Experience

2025 - Present

Unite Professionals Case Management

Senior Clinical Lead (Complex)

2021 – 2025

Harrison Associates

Clinical Manager and Safeguarding Lead

2015 – 2021

Northern Case Management

Case manager and safeguarding lead – adult and paediatric complex cases and safeguarding plus BLS training and oversight

2013 – 2015

RNLD / College Nurse

Stockport NHS Foundation Trust

Continued Professional Development

- Level 4 Safeguarding CPD and peer supervision, 2024
- CHC Funding availability, 2024
- Tacking health inequalities through innovation in technology and health care delivery, 2024
- Sex: Beyond capacity and risk, 2024
- Exploring the future - Artificial Intelligence, innovation and rehabilitation, 2024
- Masterclass for case managers - Acquired communication disorders, 2024
- Annual preventing violence against girls and women conference, 2024
- Sexual Offences Act - Understanding the Nuances, 2024
- Rehabilitation in brain and spinal cord injuries, 2023
- Level 4 Safeguarding CPD and peer supervision, 2023

About Unite Professionals Case Management

Unite Professionals are a renowned, independent Case Management firm, committed to assisting individuals who have endured catastrophic and life altering injuries. Our approach is both comprehensive and empathetic, underpinned by our professional expertise and steadfast belief in the strength of those we support.

Enquiries and Referrals

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