



Louise Sims

Case Manager, Dorset

Clinical Specialities

- Acquired Brain Injury
- Amputees
- Orthopaedics
- Neurological Conditions and Disorders
- Organic and Functional
- Mental Health Conditions
- Progressive Conditions
- Environmental Assessments
- Stroke
- Frailty
- Oncology & Palliative Care
- MS
- Bariatric Patients
- Frailty/Older People/Dementia

Qualifications

Sc (Hons) Occupational Therapy,
University of Southampton, 2013.

Professional Memberships

RCOT
HCPC
CMSUK
Current DBS

Louise is a highly experienced Occupational Therapist with extensive expertise in assessing the impact of injury and illness on individuals' functional independence and overall quality of life. Her clinical insight enables her to identify and recommend appropriate professional interventions tailored to each client's goals and motivation, facilitating effective rehabilitation pathways. Her practice is informed by years of multidisciplinary collaboration across private healthcare, the NHS, and social services, where she has worked within community-based teams to achieve meaningful outcomes for clients. Louise leverages this experience to assist individuals in navigating local treatment pathways, ensuring that clinical evidence and advocacy are aligned to access relevant statutory and private resources.

Committed to holistic and person-centred care, Louise consistently fosters a collaborative multi-disciplinary approach, recognising that integrated support is essential to achieving optimal rehabilitation outcomes. Louise has a calm approachable manner with the ability to listen to others. She is also a strong and passionate advocate with extensive experience of liaising with other professionals so that individual needs are met with professionalism and respect. She has extensive experience of assessing people within their homes and demonstrates professional self-management skills and record keeping.

Case Management Competencies

- Person centred with a holistic approach to assessing individuals with a range of complex needs with consideration to physical, cognitive, environmental, and social impact upon function.
- Refined observation skills to determine function and assess motor and processing skills due to being trained in Assessments of Motor & Processing Skills (AMPS).
- A high level of communicating and engaging with individuals who have complex health and care needs.
- Ability to produce high quality written documentation in reports and assessments that can be adapted and presented to different audiences.
- Person-centred approach focusing on independence and enhancing quality of life.
- Collaborative approach within multi-disciplinary teams ensuring the delivery of individualised treatment plans and interventions by other professions.

Case Examples

A 70-year-old retiree sustained significant injuries, including a C2 neck fracture, arm fractures, and Complex Regional Pain Syndrome (CRPS), following a head-on road traffic collision in March 2024. Louise, the Case Manager, worked closely with the client to coordinate a carefully paced rehabilitation plan. This included private physiotherapy for physical recovery and psychological therapy to address trauma, anxiety, and reduced confidence. Louise's supportive and empathetic approach helped the client feel safe, informed, and listened to. The early legal settlement provided space to focus on recovery and enabled a return to meaningful activities, holidays, and a more hopeful outlook for retirement.

Work Experience

Present

Unite Professionals Ltd

Case Manager

February 2024 - Present

Wiltshire Council

Locum Community Occupational Therapist (long term health conditions or impairments due to aging and hospital admissions)

October 2023 - Present

Harrison's Associates

Expert Witness (medical negligence from surgery)

December 2023 - Present

Bespoke Well-being

Ergonomic and Digital Screen Equipment (DSE)

Assessor

March 2022 - February 2024

Central North West London NHS Trust

Home 1st Community Therapy Team (Telephone remote assessments)

Continued Professional Development

- Dementia Champion Dorset Healthcare NHS Trust, 2019.
- Assessment of Motor & Processing Skills Accredited Assessor (RCOT), 2018.
- Cognitive Behaviour Interventions for Anxiety & Depression workshop. University of Southampton, 2018.
- Preventing Dementia (online course) University of Tasmania, 2017.
- Display Screen Equipment (DSE) Assessor High Speed Training, 2023.

About Unite Professionals Case Management

Unite Professionals are a renowned, independent Case Management firm, committed to assisting individuals who have endured catastrophic and life altering injuries. Our approach is both comprehensive and empathetic, underpinned by our professional expertise and steadfast belief in the strength of those we support.

Enquiries and Referrals

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