



## Katie Turner

### Case Manager, Dorset

#### Clinical Specialities

- Housing and Adaptations for independent living
- Trauma and Orthopaedics
- Stroke/ Acquired Brain Injury
- MSK including arthritic conditions
- Amputations
- Neurology
- Complex moving and handling
- Specialist seating and wheelchair management
- Frailty and ageing
- Bariatric care
- Long term conditions

#### Qualifications

'Diploma in Occupational Therapy (Dip COT) Dorset House School of OT, Oxford, 1987

Katie has over 30 years of extensive experience in the field of physiotherapy. Since obtaining her qualification in 1987, she has worked across various statutory service provisions in both the South East and West of England, as well as in Australia, with a focus on community rehabilitation hospitals and community social care, including home adaptations to support long term independence and care reduction. Her diverse roles have included serving as a clinical advisor for a care aid, seating, and wheelchair company, and more recently, functioning as an independent physiotherapist collaborating with referrals from other Case Managers.

Katie has the ability to build a rapport, assess, and promptly identify person-centred goals and areas of need within the environment, the person's abilities and limitations and occupations. She is able to produce high quality written documentation in reports and assessments that can be adapted and presented to different audiences. Katie is highly skilled in evaluating information to identify priorities and produce innovative plans which demonstrate her abilities in problem solving.

#### Case Management Competencies

- Katie is an independent reflective practitioner, who thrives on novel circumstances to learn and progress new innovation, whilst respecting boundaries and having self-awareness of clinical competency.
- She demonstrates a collaborative approach within multi-disciplinary teams ensuring the monitoring and delivery of individualised treatment plans and interventions by other professions.
- In her capacity as an independent physiotherapist, Katie has provided support to individuals who have suffered significant trauma, including amputations, brachial plexus injuries, head injuries, and chronic regional pain syndrome. She has successfully established and run Occupational Therapy-led Discharge to Assess units in two care home facilities.

#### Professional Memberships

RCOT  
HCPC  
CMSUK  
DBS: Current

## Case Study

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- Katie supported a client who sustained multiple complex fractures following a serious road traffic collision, resulting in prolonged hospitalisation and reduced mobility. Upon discharge, the client faced significant functional and environmental barriers within the home, impacting independence, parenting, and emotional well-being. Katie conducted a comprehensive assessment, coordinated adaptations, and facilitated equipment provision—including an electric wheelchair and external access solutions. Her client-centred, problem-solving approach helped restore autonomy and dignity, enabling the client to re-engage with daily activities and community life. Katie's collaboration with the multi-disciplinary team ensured consistent, goal-driven rehabilitation and a planned return-to-work pathway.

## Work Experience

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Current

### **Associate Case Manager**

Unite Professionals Case Management Limited

Current

Independent Occupational Therapist

2019 - 2022

### **Occupational Therapist**

Spring Chicken Disability Equipment

2002 - 2019

### **Senior Occupational Therapist**

Dorset County Council Adult Social Care

1998 - 2002

### **Senior Occupational Therapist**

Westminster Memorial Hospital, Dorset

1989 - 1991

### **Community Rehabilitation Centres in Australia**

Occupational Therapist

## Continued Professional Development

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- Unite Professionals Annual Conference – 2025
- CMSUK “Stride Forward” – 2025
- Managing Challenging Clients (UPL) – 2025
- CMSUK – Introduction to Case Management – 2025
- NAIDEX (National Aids Exhibition), Birmingham NEC – 2025
- Open Day at Dorset Orthopaedic (Orthotic and Prosthetic Specialists) – 2025
- Adults Safeguarding, Careskills Academy – 2024
- GPD Training, Careskills Academy – 2024
- Occupation as a Complex Concept, RCOT Lecture Series – 2024
- The OT Show – 2023
- OTAC Cardiff – 2023
- Mental Capacity Act Training, Dorset Council – 2023
- Advanced Practitioner in Moving and Handling, Dorset Council – 2017

## About Unite Professionals Case Management

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Unite Professionals are a renowned, independent Case Management firm, committed to assisting individuals who have endured catastrophic and life altering injuries. Our approach is both comprehensive and empathetic, underpinned by our professional expertise and steadfast belief in the strength of those we support.

### Enquiries and Referrals

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