



Kara Cronin-Brown

Case Manager, Oxford

Kara is a highly skilled Case Manager coupled with being an independent Occupational Therapist, with over 15 years' experience in providing high quality community care and support to individuals with complex physical, cognitive, and mental health needs. She has experience working in a variety of settings including, social services, community rehabilitation, inpatient, schools and prisons.

Clinical Specialities

- Complex Orthopaedic Injuries
- Amputations
- Joint Replacements
- Neurological Conditions (Including Stroke)
- Complex Polytrauma
- Elderly Care/Dementia
- Community Rehabilitation
- Adult Brain Injury
- Pain Management and Arthritic Conditions
- Associated Mental Health Conditions
- Burns Injuries
- Hand Therapy
- Learning Disability

Qualifications

BSc Hons Occupational Therapy,
Oxford Brookes University, 2008.

Professional Memberships

RCOT
HCPC
CMSUK
Current DBS

Kara is skilled in working with clients to enable them to establish their own goals and become as independent as possible. She is an advocate for multi and interdisciplinary team working (MDT and IDT); and consistently and confidently builds and coordinates MDT and IDT working in her role as a Case Manager. She also supervises and mentors senior Occupational Therapists, privately and within local authority children's services, to support a wider range of clients and their families indirectly.

Kara's previous experience in community services has provided a solid foundation and understanding around care services, aids and equipment and larger housing adaptations. During her time with Oxford City Council, Kara was the lead for housing, ensuring all minor and major adaptations met the client's needs, whilst delivering the most cost-effective option. Kara's focus is very much about maximising the client's potential and optimising independence.

Case Management Competencies

- Kara demonstrates strong strategic planning abilities, allowing her to set clear goals and align interventions effectively.
- She is tactful and articulate, adapting seamlessly to the diverse interfaces and challenges she encounters.
- Kara possesses excellent verbal and written communication skills, enabling her to engage confidently with clients, carers, and professionals.
- She maintains a keen awareness of proportionality in costs when recommending treatment options, ensuring both value and effectiveness.
- Her reports reflect thorough clinical reasoning, supporting sound and defensible decision-making.
- Kara holds expert knowledge in conducting complex assessments, and excels in writing, reviewing, and monitoring reports and care plans.
- She has the expertise to identify when a treatment plan is not achieving its intended outcomes and provides meaningful support to re-evaluate and adjust the plan to increase its success.
- Kara carefully assesses reasonable risk, ensuring clients are enabled in their goals while remaining safe.
- She is an adept assessor in matters relating to Deprivation of Liberty, particularly concerning manual handling situations.

Case Examples

- 31-year-old with moderate to severe brain injury, dental and musculoskeletal injuries. Rehabilitation involved neurological, vestibular, mental health and musculoskeletal services. Set up and implementation of support workers for management of daily living tasks, management of support workers outside of the rehabilitation code. Support with finding suitable accommodation, accessing statutory and private services, including Headway. Sourcing and implementing a full IDT, that would meet the clients needs. Support with travelling independently to see his family via train and airplane.

Work Experience

July 2017– Present
Unite Professionals Ltd
Case Manager

January 2020 - Present
Jacqueline Webb
Care Expert

July 2019 - Present
Slough Borough Council Children and Young Person Disability Team
Clinical Supervisor and Mentor

April 2018 – Present
Reading Borough Council Social Services
Consultant Occupational Therapist

April 2017 - April 2022
Reading Children and Young Person Disability Team
Clinical Supervisor and Mentor

About Unite Professionals Case Management

Unite Professionals are a renowned, independent Case Management firm, committed to assisting individuals who have endured catastrophic and life altering injuries. Our approach is both comprehensive and empathetic, underpinned by our professional expertise and steadfast belief in the strength of those we support.

Enquiries and Referrals

Natalie Briscoe
Business Development & Engagement Manager
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- 19-year-old with significant right lower limb orthopaedic injury, infection requiring debridement of bone. 8cm leg length discrepancy. Lower limb specialist arranged, and a fitbone nail inserted during surgery. Physiotherapy, gym membership, hydrotherapy and psychological services recommended and progressed. Complex family dynamics requiring careful navigation to maintain engagement. A lot of external scaffolding to ensure all appointments were attended. Wants to work as a landscape gardener with family long term.

Continued Professional Development

- Moving and Handling, Occupational Therapy update, 2024.
- Commenced Masters degree in Amputation and Prosthetic Rehabilitation at Southampton University, 2023.
- Clinical Competency review. Level 4 Case Management practitioner, Unite Professionals, 2023.
- Centre of Excellence, Animal Assisted Therapy Diploma, Passed with Distinction, 2023.
- Safeguarding Adults and Children, Level 3, 2023.
- Care Expert Conference, Jacqueline Webb, Sutton Coldfield, 2023.
- Unite Professionals conference, 2021, 2022 and 2023.
- Rising to the challenges in the field of Brain Injury: Elysium Neurological Conference, 2022.
- Catastrophic Case Manager of the year finalist, 2022.
- Literature Review - Assistive Technology Project – Oxfordshire Learning Disabilities Team / Published in Oxfordshire Learning Disabilities Team Magazine, 2011.