



Catherine Williams

Case Manager, Taunton

Catherine brings a diverse and wide ranging set of skills having worked as an occupational therapist for 36 years. She has worked in the UK, East Africa and the Middle East giving her a unique perspective on the challenges of working in highly complex and politicised environments. Her experience in advocating and brokering consensus enables her to maintain a focus on achieving realistic outcomes.

Working in clinical and leadership roles across health, social care and clinical commissioning she has a deep knowledge of statutory and non statutory provision and is well versed in navigating complex systems to achieve outcomes for her clients.

Catherine is a passionate occupational therapist with a rich and diverse set of transferable skills. She is a passionate advocate for people to maximise their independence and exercise their autonomy regardless of circumstance. Catherine thrives in fast moving and challenging environments and is able to undertake rapid and objective assessment to guide intervention or inform and mobilise plans.

Catherine has a consultative approach, understanding the crucial role personal motivation plays in effective teamwork and in delivering successful outcomes. Working in East Africa taught Catherine patience, resilience, humility and to never underestimate individual determination to thrive in the most challenging circumstances. This experience has been seminal in her career pathway and has shaped her approach ever since.

Clinical Specialities

- Paediatrics
- Complex Trauma
- Amputees
- Orthopaedics
- Stroke
- Urgent and Emergency Care and Long Term Disability Management
- Minor and Major Environmental Adaptations
- Palliative Care
- End of Life Care
- Brain Injury

Qualifications

Diploma in Occupational Therapy.
Newcastle Upon Tyne Polytechnic
1988

Professional Memberships

HCPC
BABICM
CMSUK
Current DBS

Case Management Competencies

- Builds effective and collaborative relationships across complex health and care systems, leveraging strong interpersonal, negotiation, and conflict resolution skills.
- Maintains a solution-focused approach, using effective communication to broker consensus among diverse stakeholders.
- Adopts a client-centred, evidence-based approach that considers the holistic needs of individuals.
- Creates the conditions for creative and innovative problem-solving and goal setting in partnership with clients.
- Applies strong analytical skills to interpret complex and sometimes conflicting information, formulating clear, achievable, and efficient plans.

Work Experience

February 2015 - Present

Unite Professionals Limited

Case Manager

December 2022 – August 2024

East Riding of Yorkshire Council

Strategic Service Lead Adult Social Care - Integration and Commissioning (Occupational Therapy, Hospital Social Work, Reablement / integrated intermediate care.

December 2019 – November 2022

Lincolnshire County Council

Head of Service: Transformation and Integration/ Principal Occupational Therapist

October 2016 – July 2019

North West London Collaboration of Clinical Commissioning Groups

Head of Transformation

July 2015 – January 2016

NHS Doncaster CCG

Interim Consultant - Primary Care Strategy and Transformation Lead

September 2014 – June 2015

NHS Central London CCG

Interim Consultant - Primary Care Programme Lead – Prime Ministers Challenge Fund

Continued Professional Development

- Safeguarding Level 3 Linda Sayers Safeguarding, 2024.
- Adherence to all Adult Social Care Mandatory Training Requirements (East Riding of Yorkshire Council), 2024.
- Specialist Occupational Therapy Manual Handling. LPS Training & Consultancy Ltd, 2023.
- Presenter Better Care Fund Conference Leeds – NHS England, 2023.
- Co-Chair Lincolnshire AHP Faculty, 2021/2022.
- Participant in RCOT expert reference group for the development of advanced practice roles, 2022/2023.
- Post Graduate Diploma: Global Health and Development. University College London, 2020.

About Unite Professionals Case Management

Unite Professionals are a renowned, independent Case Management firm, committed to assisting individuals who have endured catastrophic and life altering injuries. Our approach is both comprehensive and empathetic, underpinned by our professional expertise and steadfast belief in the strength of those we support.

Enquiries and Referrals

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